

60 Habits-of-Heart

Habits of Helpers

Respect
Kindness
Friendliness
Appreciation of Diversity
Patience
Empathy
Sacrifice
Cooperation
Acting on Convictions
Aspiration
Creativity
Love

Building Blocks of the Heart

Unity
Kindness
Preparedness
Open- mindedness
Empathy
Forgiveness
Friendship
Reliability
Humility
Creativity

Habits of Heroes

Vision- Seeking
Selflessness
Advocacy
Dedication

Habits of Giving

Sacrifice
Consideration
Determination
Compassion
Integrity

Habits of Collaboration

Appreciation of Diversity
Patience
Cooperation
Acting on Convictions
Empathy

Habits of Peacemakers

Peacemaking

Habits of Oneness

Awareness
Leadership
Teamwork
Altruism

Habits of Humanitarians

Humanitarianism
Far- sightedness
Universal
Connectedness
Understanding
Seeking

Climate Change Agents

Respect
Civic-Mindedness
Moderation
Ethics
Open-mindedness

Habits of Sages

Honesty Honor
Industriousness
Transcendence
Refinement
Aspiration
Gratitude
Self-mastery

